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Definition

Cryogenics

the limit temperature of 120 K comprehensively includes the normal boiling points of the main atmospheric gases, as well as of methane which constitutes the principal component of natural gas.

| Characteristic temperatures of cryogenic fluids [K] | | | | | |
|---|--------------|----------------------|----------------|--|--|
| Cryogen | Triple point | Normal boiling point | Critical point | | |
| Methane | 90.7 | 11.6 | 190.5 | | |
| Oxygen | 54.4 | 90.19 | 154.6 | | |
| Argon | 83.8 | 87.3 | 150.9 | | |
| Nitrogen | 63.1 | 77.3 | 126.2 | | |
| Neon | 24.6 | 27.1 | 44.4 | | |
| Hydrogen | 13.8 | 20.4 | 33.2 | | |
| Helium | 2.2 * | 4.2 | 5.2 | | |

* λ point

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Back to the basics

The quest for low temperatures however finds its origin in early thermodynamics.

The entropy S of the system was postulated by Boltzmann as:

$$S = k_B \cdot \ln w$$
 $k_B = 1.38 \cdot 10^{-23} J/K$

Adding reversibly heat δQ to the system produces a change of its entropy dS,

with a proportionality factor T which is precisely temperature :

$$\delta Q = T \cdot dS$$

Thus, a low-temperature system can be defined as one to which a minute addition of heat produces a large change in entropy, i.e. a large change in its range of possible microscopic configurations.

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Back to the basics Cryogenics
Boltzmann also found that the average thermal energy of a particle in a system in equilibrium, at temperature T, is:
$$E = k_B T$$
Consequently, a temperature of 1 K is equivalent to a thermal energy of 10⁻⁴ eV or 10⁻²³ J per particle.
A temperature is therefore low for a given physical

process when k_BT is small compared to the characteristic energy of the process considered.

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|--|--------------------|
| Phenomenon | Temperature [K] |
| Debye temperature of metals | few 100 |
| High-temperature superconductors | ~ 100 |
| Low-temperature superconductors | ~ 10 |
| Intrinsic transport properties of metals | < 10 |
| Cryopumping | few |
| Excitons binding energy ib semiconductors | few |
| Cosmic microwave background | 2.7 |
| Superfluid helium 4 | 2.2 |
| Bolometers for cosmic radiation | < 1 |
| Low-density atomic Bose-Einstein condensates | ~ 10 ⁻⁶ |

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Thermophysical properties of fluids

| Property | Helium | Nitrogen | Water |
|--------------------------------------|--------|----------|-------|
| Normal boiling point [K] | 4.2 | 77 | 373 |
| Critical temperature [K] | 5.2 | 126 | 647 |
| Critical pressure [bar] | 2.3 | 34 | 221 |
| Liquid density* [kg/m ³] | 125 | 808 | 960 |
| Liquid/vapor density ratio* | 7.4 | 175 | 1600 |
| Heat of vaporization* [kJ/kg] | 20.4 | 199 | 2260 |
| Liquid viscosity* [µPl] | 3.3 | 152 | 278 |

Properties of helium and nitrogen compared to water

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Liquid boil-off

The factor of ten in latent heat of vaporization between helium and nitrogen, combined with the lower density of the former, induces a large difference in vaporization rates under the same applied heat load.

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| Cryogen | yogen [mg/s] [l/h liquid] | | [l/min gas NTP] | |
|----------|---------------------------|------|-----------------|--|
| Helium | 48 | 1.38 | 16.4 | |
| Nitrogen | Nitrogen 5 0.02 | | 0.24 | |

Vaporization of liquid helium and liquid nitrogen at normal boiling point under 1 W applied heat load

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Liquid boil-off

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Boil-off measurements constitute a practical method for measuring the heat load of a cryostat holding a saturated cryogen bath. In steady conditions, i.e. provided the liquid level in the bath is maintained constant, the boil-off \dot{m}_{vap} precisely equals the vapor flow \dot{m}_{out} escaping the cryostat, which can be warmed up to room temperature and measured in a conventional gas flow-meter.

$$\dot{m}_{out} = \dot{m}_{vap} \left[1 - \frac{\rho_v}{\rho_l} \right] < \dot{m}_{vap}$$

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There are three main cooling methods that the engineer employs to achieve Cryogenic temperatures:

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- Transfer of Heat.
- External work.
- Isenthalpic Expansion.

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Heat Transfer

The transfer of heat to a cold gas stream using counterflow Heat Exchangers.

A matrix of flat plate & corrugated fins in a sandwich construction.



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Isenthalpic Expansion

The Joules-Thomson effect. Each gas has an inversion curve. Starting pressure & temperature must be within the inversion curve area to achieve cooling.

"The expansion of a previously compressed and cooled gas through a calibrated orifice valve without heat or work exchange with its surroundings". This process will only liquefy a gas upon expansion when it has been cooled below it's CRITICAL TEMPERATURE.



Thermophysical properties of fluids

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The simplest way of cooling equipment with a cryogenic fluid is to make use of its latent heat of vaporization, e.g. by immersion in a bath of boiling liquid. As a consequence, the useful temperature range of cryogenic fluids is that in which there exists latent heat of vaporization, i.e. between the triple point and the critical point, with a particular interest in the normal boiling point, i.e. the saturation temperature at atmospheric pressure.





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Phase diagram



Important Points on a Phase Diagram:

- The point where the dotted line representing 1 atm crosses the liquid-vapor line is the normal boiling point of the substance.
- The liquid-vapor line ends at the critical point (B), which is the critical temperature and critical pressure of the substance. Beyond the critical point, the liquid and gas phases become indistinguishable from one another.
- The melting point of a substance is identical to its freezing point. The two differ only in the direction from which the phase change is approached. The melting point at 1 atm is the normal melting point.
- Where the three lines intersect (A), is known as the triple point. All three phases are in equilibrium at this temperature and pressure.

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solid conduction

Heat conduction in solids is represented by Fourier's law, expressing proportionality of heat flux with thermal gradient.

$$Q = k(T)A\frac{dT}{dx}$$

This equation also defines the thermal conductivity k(T) of the material, which varies with temperature. Conduction along a solid rod of length L, cross section A spanning a temperature range [T1, T2], e.g. the support strut of a cryogenic vessel, is then given by the integral form

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$$Q = \frac{A}{L} \int_{T_1}^{T_2} k(T) \, dT$$

Thermal conductivity integrals of standard materials are tabulated in the literature.

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| Heat transfer and thermal | Cryogenie | CS | | |
|--|-----------|-------|--------|--|
| | | | | |
| | | | | |
| | | | | |
| From vanishingly low temperature up to | 20 K | 80 K | 290 K | |
| OFHC copper | 11000 | 60600 | 152000 | |
| DHP copper | 395 | 5890 | 46100 | |
| Aluminum 1100 | 2740 | 23300 | 72100 | |
| 2024 aluminum alloy | 160 | 2420 | 22900 | |
| AISI 304 stainless steel | 16.3 | 349 | 3060 | |
| G-10 glass-epoxy composite | 2 | 18 | 153 | |

Thermal conductivity integrals of selected materials [W/m]

Radiation

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Blackbody radiation strongly and only depends on the temperature of the emitting body, with the maximum of the power spectrum given by Wien's law:

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\lambda \max T = 2898 [\mu m K]
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and the total power radiated given by Stefan-Boltzmann's law

 $Q = \sigma A T^4$

with Stefan-Boltzmann's constant σ = 5.67 10-8 W m-2 K-4. The dependence of

the radiative heat flux on the fourth power of temperature makes a strong plea for radiation shielding of low-temperature vessels with one or several shields cooled by liquid nitrogen or cold helium vapor.

Conversely, it makes it very difficult to cool equipment down to low temperature by radiation only

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| Radiation |
|-----------|
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Technical radiating surfaces are usually described as "gray" bodies, characterized by an emissivity $\varepsilon < 1$

$Q = \varepsilon \sigma A T^4$

Emissivity of some technical materials at low temperature

| | Radiation from 290 K, surface at 77 K | Radiation from 77 K, surface at 4.2 K |
|-----------------------------------|--|--|
| Stainless steel, as found | 0.34 | 0.12 |
| Stainless steel, mech. polished | 0.12 | 0.07 |
| Stainless steel, electro-polished | 0.10 | 0.07 |
| Stainless steel + aluminum foil | 0.05 | 0.01 |
| Aluminum, black anodized | 0.95 | 0.75 |
| Aluminum, as found | 0.12 | 0.07 |
| Aluminum, mech. polished | 0.10 | 0.06 |
| Aluminum, electro-polished | 0.08 | 0.04 |
| Copper, as found | 0.12 | 0.06 |
| Copper, mech. polished | 0.06 | 0.02 |

Radiation

The net heat flux between two "gray" surfaces at temperature T_1 and T_2 is similarly given by:

Q = E σ A (T₁⁴ - T₂⁴)

with the emissivity factor E being a function of the emissivities ε_1 and ε_2 of

the surfaces, of the geometrical configuration and of the type of reflection (specular or diffuse) between the surfaces. Its precise determination can be quite tedious, apart from the few simple geometrical cases of flat plates, nested cylinders and nested spheres.

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RadiationCryogenicsIf an uncooled shield with the same emissivity factor E is inserted between the
two surfaces, it will "float" at temperature Ts given by the energy balance
equation:Qs = E σ A $(T_1^4 - T_5^4) = E \sigma$ A $(T_5^4 - T_2^4)$ Solving for Ts yields the value of Qs = Q / 2: the heat flux is halved in presence
of the floating shield.
More generally, if n floating shields of equal emissivity factor are inserted

between the two surfaces, the radiative heat flux is divided by n + 1.

Convection and gaz conduction

When $\ell \ll d$ corresponding to higher residual pressure, the probability of interaction of a given molecule with others before it travels distance d is high

(viscous regime), and heat diffuses as in any continuous medium:

$$Q = k(T) A \frac{dT}{dx}$$

Note that the thermal conductivity k(T) of the gas is independent of pressure.

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Thermal expansion

When a cryostat is cooled down to helium temperatures, the various components will contract, and it is useful to know the relative contraction for the various materials that are typically used in such cryostats. Most of the contraction usually occurs when the cryostat has been cooled to liquid nitrogen temperatures. Thus most leaks that occur, when a cryostat is cooled, will show up at liquid nitrogen temperature. Knowledge of the relative contraction is also helpful in designing joints or mechanical contacts, thermal contacts or standoffs at low temperature.

| Material | Aluminium | copper | Stainless steel | Brass | Nylon | Teflon | Fused silicon |
|--|-----------|--------|-----------------|-------|-------|--------|------------------|
| Thermal Expansion Data Percentage Change in Length (room temperature to 4.2 K) | 0.415 | 0.324 | 0.306 | 0.369 | 1.39 | 2.14 | 0.0032 |

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| Practical design | Cryogenics |
|-----------------------|---------------|
| All design is comprom | Nise |
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Bath cryostats

Bath cryostats are similar in construction to vacuum flasks filled with liquid helium. A coldplate is placed in thermal contact with the liquid helium bath. The liquid helium may be replenished as it boils away, at intervals between a few hours and several months, depending on the volume and construction of the cryostat. The boil-off rate is minimised by shielding the bath with either cold helium vapour, or vacuum shield with walls constructed from so-called super insulator material. The helium vapour which boils away from the bath very effectively cools thermal shields around the outside of the bath. In the older designs there may be additional liquid nitrogen bath, or several concentric layers of shielding, with gradually increasing temperatures. However, the invention of super insulator materials has obsoleted this technology.

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Types

Closed-cycle cryostats

Closed-cycle cryostats consist of a chamber through which cold helium vapour is pumped. An external mechanical refrigerator extracts the warmer helium exhaust vapour, which is cooled and recycled. Closed-cycle cryostats consume a relatively large amount of electrical power, but need not be refilled with helium and can run continuously for an indefinite period. Objects may be cooled by attaching them to a metallic coldplate inside a vacuum chamber which is in thermal contact with the helium vapour chamber.

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Continuous-flow cryostats

Continuous-flow cryostats are cooled by liquid cryogens (typically liquid helium or nitrogen) from a storage dewar. As the cryogen boils within the cryostat, it is continuously replenished by a steady flow from the storage dewar. Temperature control of the sample within the cryostat is typically performed by controlling the flow rate of cryogen into the cryostat together with a heating wire attached to a PID temperature control loop. The length of time over which cooling may be maintained is dictated by the volume of cryogens available.

Owing to the scarcity of liquid helium, some laboratories have facilities to capture and recover helium as it escapes from the cryostat, although these facilities are also costly to operate.

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Types

Multistage cryostats

In order to achieve temperature lower than liquid helium additional cooler stages may be added to the cryostat. Temperatures down to 1K can be reached by attaching the coldplate to 1-K pot, which is a container of He-4 isotope which is connected to vacuum pump. Temperatures down to 1mK can be reached by employing dilution refrigerator or dry dilution refrigerator typically in addition to the main stage and 1K pot. Temperatures below that can be reached using magnetic refrigeration.







| itinuous flow optical cryostat | | | Cryogenics | |
|--|--|--|------------|--|
| | | | | |
| uptical specifications | 0.5 mm | thickness 1.5 mm | | |
| Clear access diameter | 10 mm | 25 mm | | |
| Sample holder to window top surface | 4.5 mm | 5.5 mm | | |
| Angle of admittance (to surface of sample holder at centre) | 102 | 144 | | |
| Max sample thickness | 5 mm | 5 mm | | |
| Max sample diameter | 20 mm | 20 mm | | |
| All dimensions are approximate and relati central position | e to the top window with | plane sample holder in | | |
| Standard Specification | Description | | | |
| Cooling medium | Liquid helium (can be used with liquid nitrogen) | | | |
| Operating temperature range | 2.2 K to 500 K (with EPS40 pump) 3.2 K to 500 K (with GF4 pump) | | | |
| femperature stability | +/-0.1 K | | | |
| lelium consumption | <0.45 lhr 1 (at 4.2 l | K) | | |
| Cool down time | From ambient to 4.2 K with transfer tube cold = <10 mins | | | |
| ample holder drift at xonstant temperature | +/-1 µm (typical - see note 1)* | | | |
| ample holder vibration | 0.1 µm (typical – see note 2)* | | | |
| ample window material | Spectrosil B fused quartz Other materials available on request | | | |
| tandard temperature sensor | 3 point calibrated rhodium iron (see note 3) | | | |
| ample change time | -30 mins (approx) | | | |
| Veight | 1.8 kg | | | |
| "Approximate measurement. The stability ipon the final system's configuration and | is neither measured nor g the environment that the | uaranteed and will be dependent equipment is used in. | | |
| | | | | |















A lambda point refrigerator is a device used to cool liquid helium, typically around a superconducting magnet or for low temperature measurements, from approximately 4.2 K to temperatures near the lambda point of helium (approximately 2.17 K), the temperature at which normal fluid helium (helium I) transitions to the superfluid helium II. Cooling is achieved by pumping the liquid helium in the bath through a cooling coil via a needle valve and vacuum pump. The reduced pressure in the coil causes some of the helium to evaporate, creating a two-phase system within the cooling coil. The heat removed via evaporation lowers the temperature of the cooling coil closer to the lambda point. Since the cooling coil is immersed in the liquid helium bath, liquid surrounding the coil is also cooled. The colder, higher density liquid sinks away from the coil toward the bottom of the bath while the warmer, lower density liquid helium rises to the top. Liquid helium typically has poor thermal conductivity, so convective currents associated with a temperature gradient in the bath provide a constant flow of this colder liquid helium toward the bottom of the bath, allowing temperatures below 4.2 K to be realized in the helium bath, typically close to 2.2 K.

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SEM cryostat



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Temperature sensors (from lakeshore.com)

There are many types of commercially available temperature sensors that can be used at low temperatures. The ones that are most commonly used are silicon diodes, germanium resistors, carbon glass resistors, platinum resistors, Gallium (and Gallium-Aluminum) Arsenide diodes, and rhodiumiron resistors. These thermometers tend to retain their characteristics with repeated thermal cycling, and thus can be reliably calibrated. Silicon, gallium arsenide and gallium-aluminum arsenide.





Gallium Arsenide Diodes (from lakeshore.com)

Cryogenics

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GaAs and GaAIAs diodes are also excited with a constant current (10 or 100 micro-Amps), but they cannot be mass produced with temperature characteristics which conform with any standard curve. They can still be calibrated and used with a simple (constant current) temperature controller. Their only advantage over si diodes, is that they can be used in low magnetic fields (1 to 2 Tesla) since their voltage does not vary significantly with the applied field.



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Platinum resistance thermometers are generally used between 60 K and 300 K, where the resistance increases at a fairly constant rate of about 0.4 ohms/ K. They are occasionally used down to about 20 K, but their sensitivity drops to about 0.08 ohm/ K. Their ceramic outer case, allows these sensors to be used up to $600 \cdot C$, however it is difficult to obtain an epoxy that will thermally anchor the thermometer and its leads at the lower temperatures, and also withstand the higher temperatures.



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